

# SOUTH SIDE OF THE HEART

2023

OCTOBER 19<sup>TH</sup>-20<sup>TH</sup>

## MAIN SCIENTIFIC SESSIONS

TRYP Lisboa Caparica Mar  
20/10/2023

### » HOT TOPICS IN HEART FAILURE

- 09:00 WELCOME AND OPENING
- 09.10 DIAGNOSIS IN HEART FAILURE**  
Chair: *Otília Simões*  
Moderators: *Rui Plácido, Tatiana Guimarães*
- 09.10 Diagnostic devices in HF - Can it be a reality for us?  
Speaker: *João Agostinho*
- 09.30 Cardiac magnetic resonance – the increasing importance in diagnosis and prognosis  
Speaker: *António Ferreira*
- 09.50 **HEFpEF: how to make the diagnosis?**  
Speaker: *Sofia Alegria*
- 10.10 Discussion
- 10.30 SYMPOSIUM**  
"The new kids on the block for treatment of hyperkalemia in heart failure"  
Speaker: *Rui Baptista*
- 10.50 COFFEE BREAK
- 11.10 SPECIFIC AETIOLOGIES AND THERAPY**  
Chair: *Dulce Brito*  
Moderators: *Sílvia Aguiar, Bruno Piçarra*
- 11.10 Cardiac amyloidosis – when to search? and how to treat?  
Speaker: *Dina Bento*
- 11.30 Dilated/arrhythmogenic cardiomyopathy – personalized therapy – what is on the horizon?  
Speaker: *Luís Lopes*
- 11.50 Ischemic heart disease - revascularization for ischemic ventricular dysfunction  
Speaker: *Gonçalo Morgado*
- 12.10 Discussion
- 12.30 SYMPOSIUM**  
"Heart Failure and Iron deficiency – indications and practical aspects of iron therapy"  
Speaker: *Marisa Peres*
- 12.50 LUNCH

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[www.ssheart.pt](http://www.ssheart.pt)



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#### 14.30 PHARMACOLOGICAL TREATMENTS

Chair: *Francisca Delerue*

Moderators: *Catarina Sousa, Ana Soares*

14.30 SGLT2i – indications/contraindications, evidence and practical aspects  
Speaker: *Sara Gonçalves*

14.50 Sacubitril/valsartan – indications/contraindications, evidence and practical aspects  
Speaker: *Inês Almeida*

15.10 Vericiguat and omecamtiv mecarbil  
– Will they be a reality in clinical practice in a near future?  
Speaker: *Daniel Caeiro*

15.30 Discussion

#### 15.50 SYMPOSIUM

“When and who benefits from mitral clip?”

Speaker: *Bruno Melica*

#### 16.10 COFFEE BREAK

#### 16.30 DEVICES AND CARDIAC REHABILITATION

Chair: *Miguel Mendes*

Moderators: *Luís Brandão, Bruno Valente*

16.30 Cardiac resynchronization therapy - Who benefits? Conventional approach and the others  
– epicardial, left bundle branch pacing  
Speaker: *Dinis Mesquita*

16.50 Ventricular arrhythmias and sudden death – from guidelines to clinical practice  
Speaker: *Sofia Almeida*

17.10 Cardiac rehabilitation – How to implement?  
Speaker: *Luisa Bento*

17.30 Discussion

#### 17.50 CLOSING

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